

**TUDARE**  
**Driftless Area Symposium**  
**La Crosse, WI**  
**February 7-8, 2017**

# **Evaluating Stream Restoration Benefits: A Case Study at Pine Creek, Wisconsin**

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**Jeff Hastings, TUDARE Project Manager, Trout Unlimited**



Photo courtesy of Jeanne Kosfeld, Pine Creek Artist in Residence, 2009

# Pine Creek Restoration Project: 2007-2011



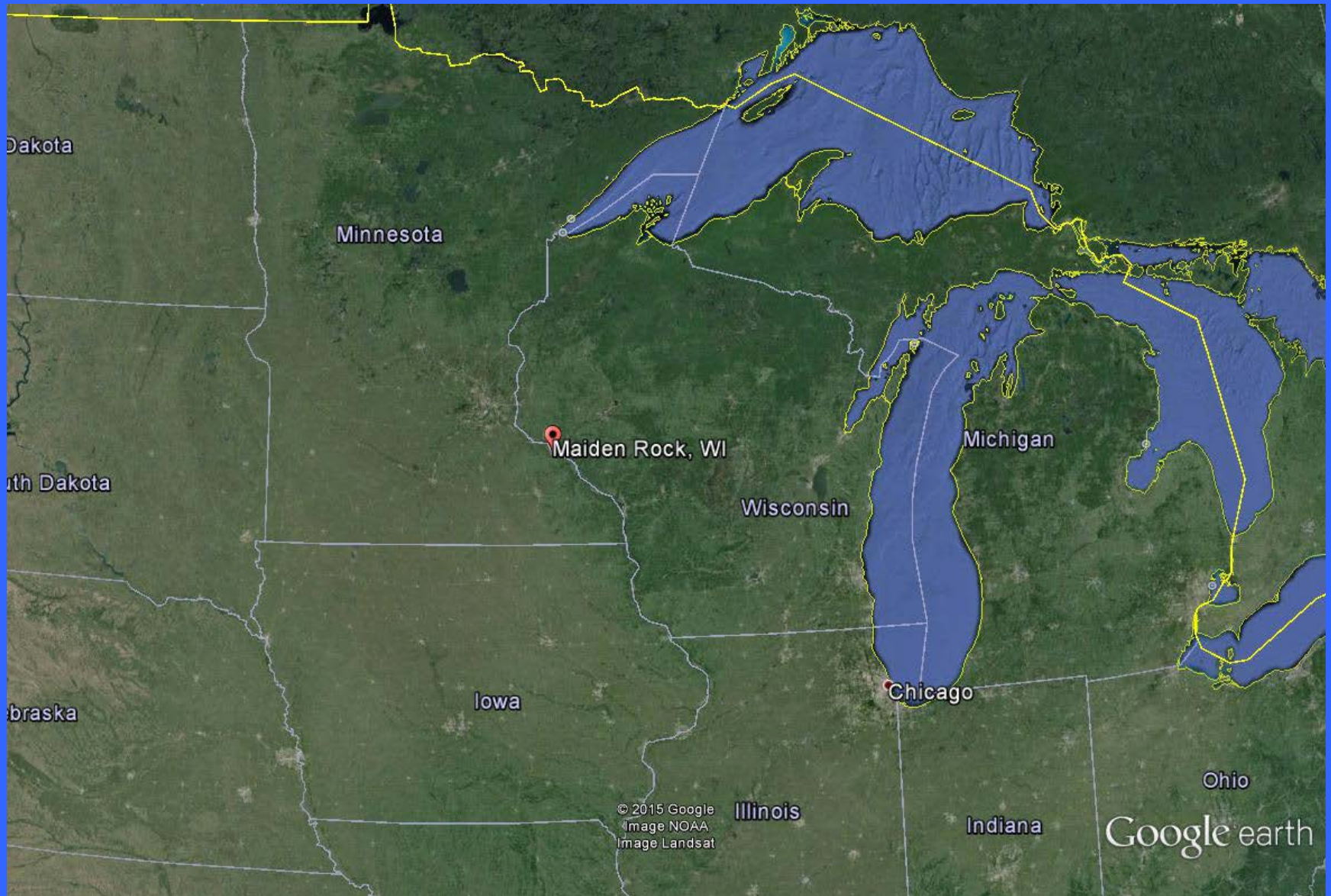
Maiden Rock, Wisconsin

# Project Background

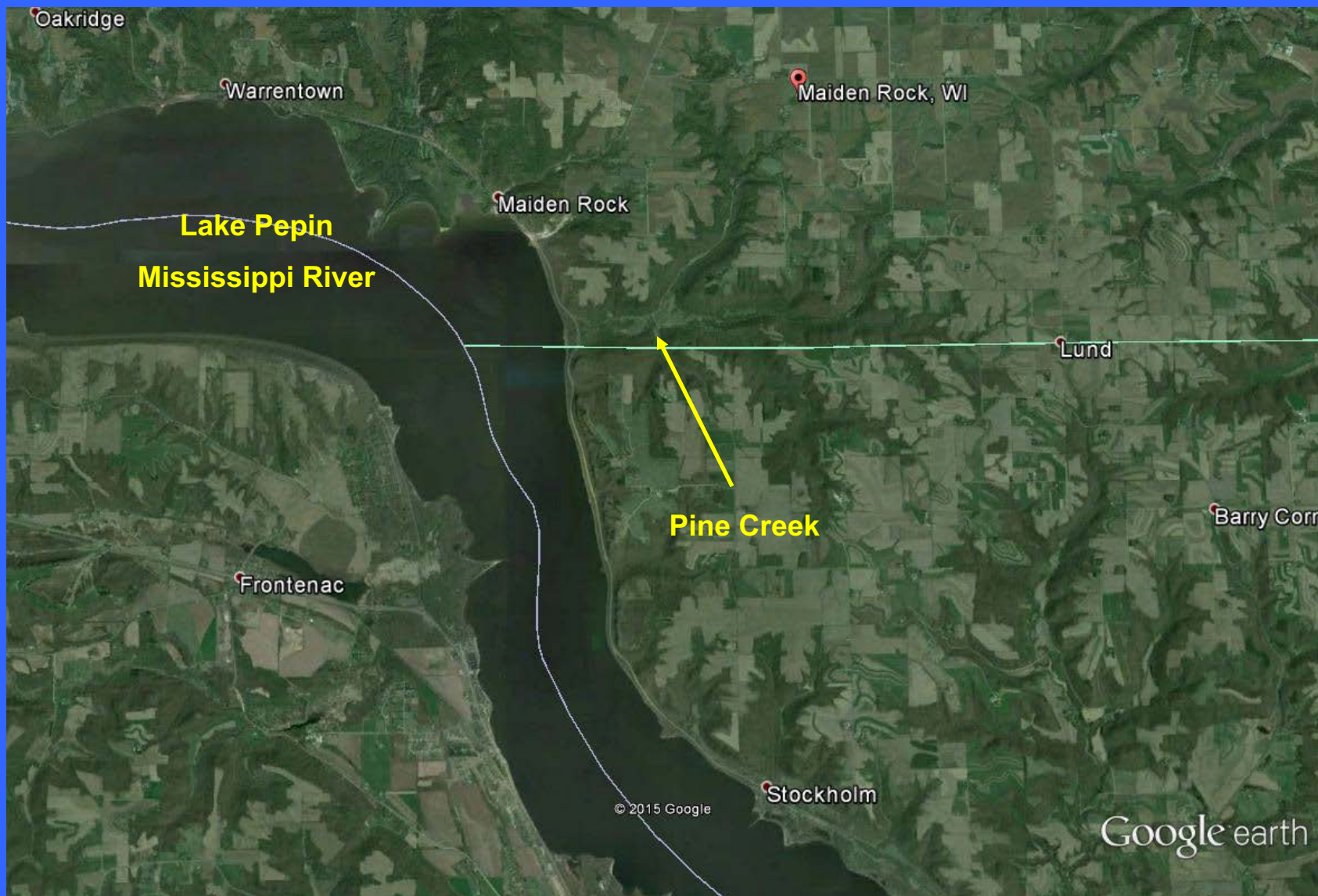
- Pine Creek is located in Maiden Rock Township, Pierce County, WI
- Spring-fed creek, with 3 miles of permanent flow
- Drains to Mississippi River at Lake Pepin
- Watershed lies within the karst landscape of the Driftless Area
- Creek supports a wild population of Brook Trout
- Creek had excellent water quality, but severe stream bank erosion, due to poor agricultural practices and overgrazing



# Pine Creek at Maiden Rock, WI



# Pine Creek and Watershed Maiden Rock, WI



# Pine Creek Restoration Project: 2007-2011 Project Summary

Total Stream Length Restored: 11,167 feet (2.11 miles)

- Upper Pine Creek: 4,365 feet (0.83 mile)
- Lower Pine Creek: 4,378 feet (0.83 mile)
- North Spring Tributary: 914 feet (0.17 mile)
- South Spring Tributary: 1,380 feet (0.26 mile)
- North Branch Tributary: 130 feet (0.02 mile)

Total Restoration Cost: \$270,273 (\$24/foot)





**The New York Times**

*Science Times*

Tuesday, June 24, 2008

## “Follow the Silt”

By Cornelia Dean

“Stream restoration is a big business with increasing popularity but patchy success. Since 1990, more than a billion dollars have been spent annually on stream restoration. Scientists wonder if it’s being done right.”

-Cornelia Dean, *New York Times*

“Many hydrologists and geologists say people embark on projects without fully understanding the waterways they want to restore and without paying enough attention to what happens after a project is finished.”

-Cornelia Dean, *New York Times*

“An awful lot of stream restoration, if not the vast majority of it, has no empirical basis. It is being done intuitively, by looks, without strong evidence. The demand is in front of the knowledge. Most agencies want to spend the money making things happen and not spending the money finding out if they work.”

-Dr. William E. Dietrich, Geomorphologist, University of California-Berkeley and NCED

“Unfortunately, we have not done enough monitoring to know what works and what doesn’t.”

-Chris Conrad, Environmental Engineer, United States Geological Survey

“Most people agree that the best approach is to create landforms and water flows that streams can maintain naturally. But how you translate that into action and at this stream rather than that stream really requires a lot of work to figure out.”

-Dr. David R. Montgomery, Geomorphologist, University of Washington

“Efforts are underway to bring more academic rigor to the stream restoration business. Many opportunities to learn from successes and failures, and thus to improve future practices, are being lost.”

-Cornelia Dean, *New York Times*

# For Brook Trout, It's All About Temperature

Optimum = 55-61° F (13-16° C)

Upper Thermal Limit (MWAT) = 72-74° F (22-23° C)

Upper Thermal Limit (MDAT) = 75° F (24° C)

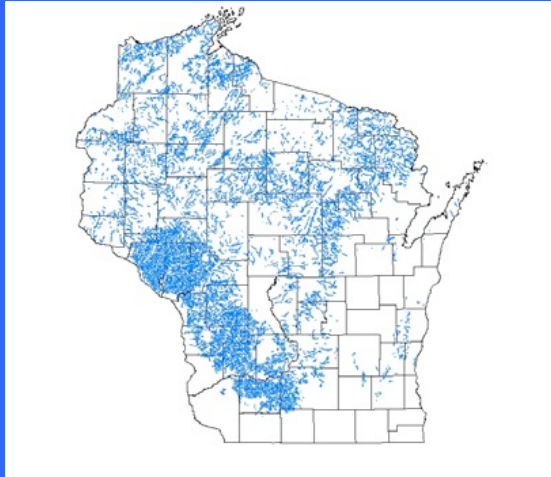


MWAT = Maximum Weekly Average Temperature  
MDAT = Maximum Daily Average Temperature

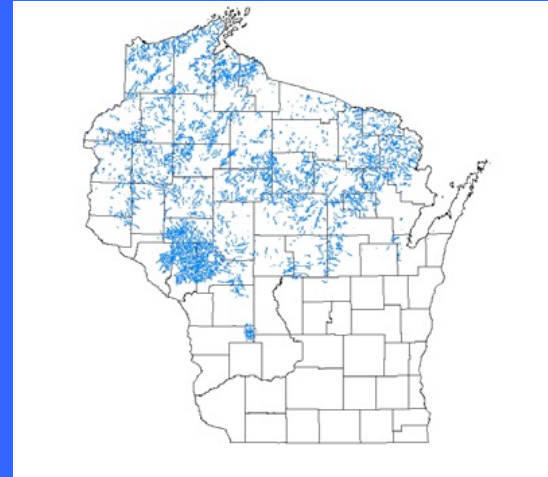


# Brook Trout

Current climate

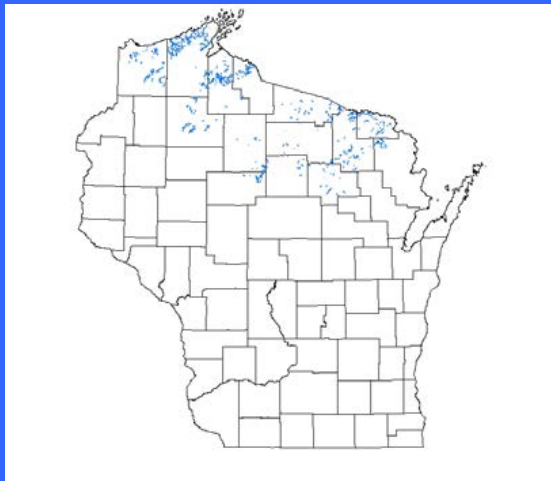


Best case (-43.6%)



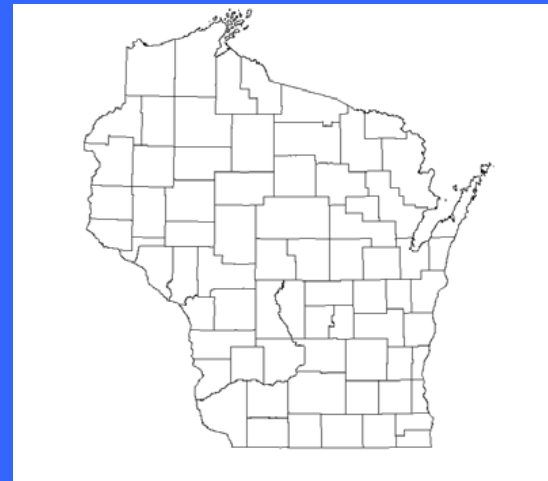
1.0 C (0.8 C)

Moderate case (-94.4%)



3.0 C (2.4 C)

Worst case (-100%)



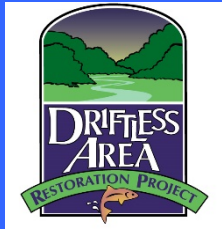
5.0 C (4.0 C)

# Project Objectives

Measurable project objectives include:

- **Improve stream temperature regime and armor for climate change**
- Restore 3,500 feet of stream bank and habitat in Pine Creek
- **Increase numbers of Brook Trout by 40-50%**
- Increase numbers of Brook Trout  $\geq$  10 inches by 50-100%
- Reduce stream bank erosion to 10% of pre-existing conditions
- Reduce fine sediment and increase coarse bottom substrate by 50%
- Increase aquatic macrophyte growth by 25%





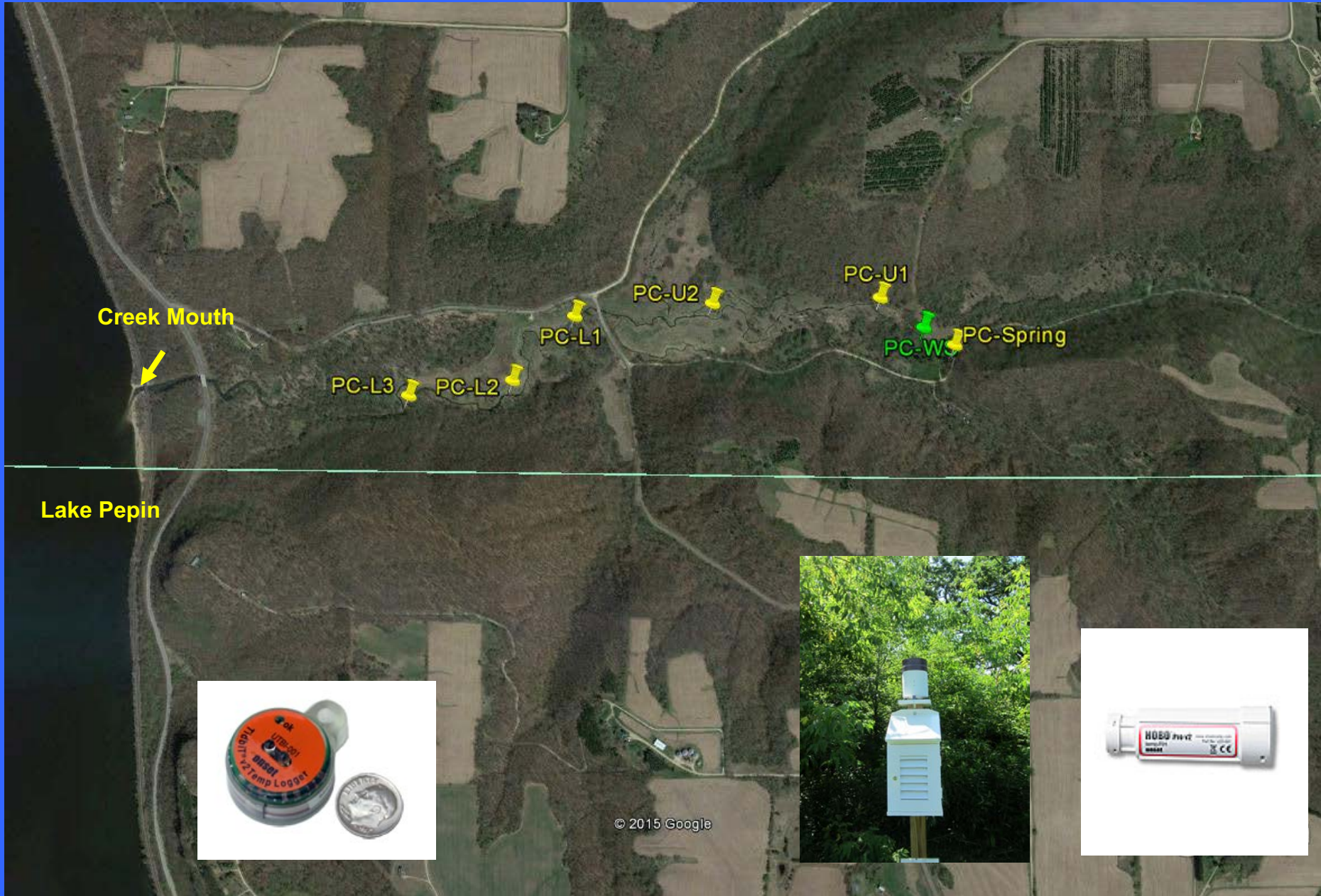
# TUDARE Stream Monitoring Protocols

## September 2011

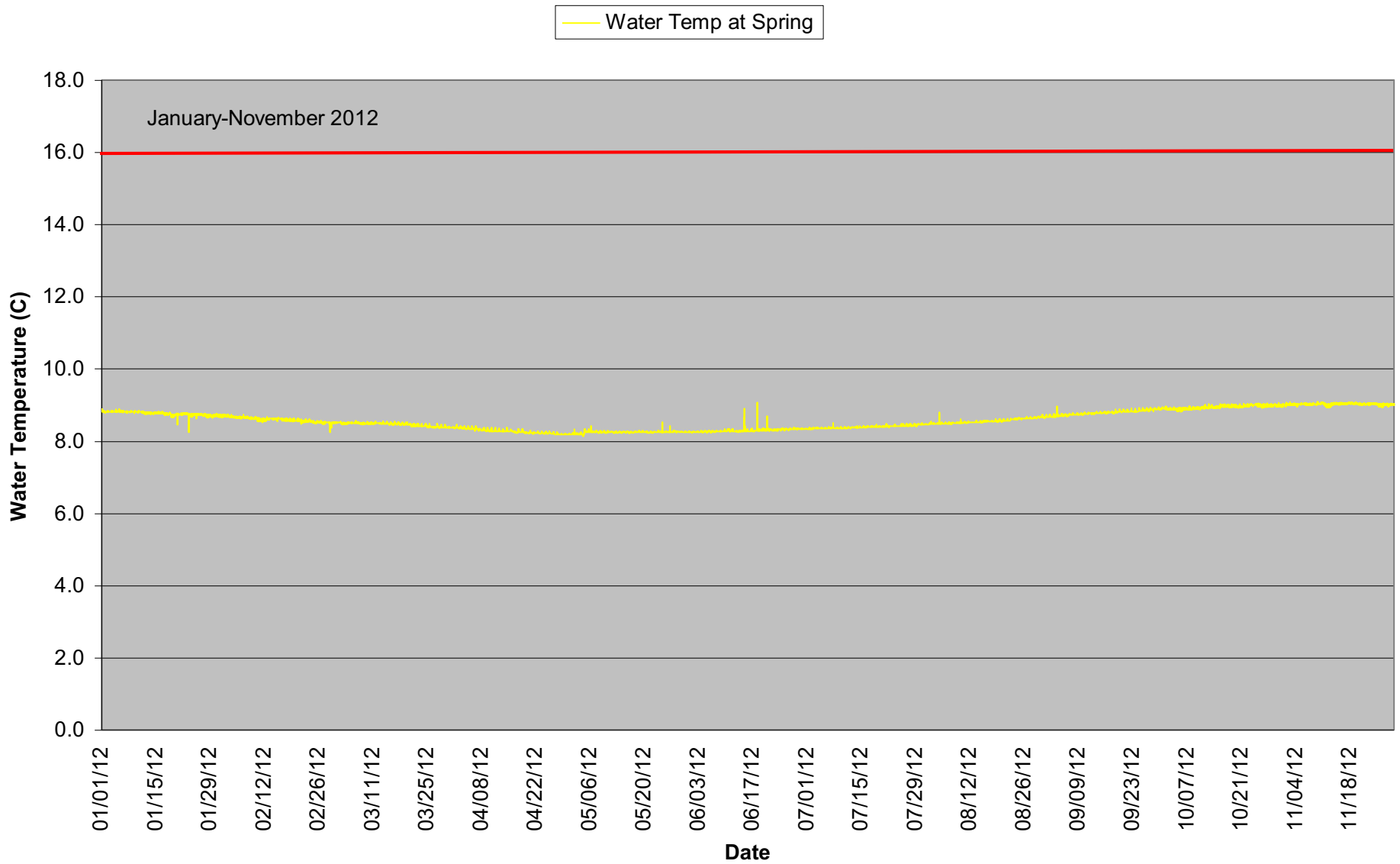
Jeff Hastings, TUDARE Project Manager, Trout Unlimited  
Kent Johnson, Kiap-TU-Wish Chapter, Trout Unlimited  
Matthew Mitro, Coldwater Fisheries Research Scientist, WDNR



# Pine Creek: Stream Temperature Monitoring Sites

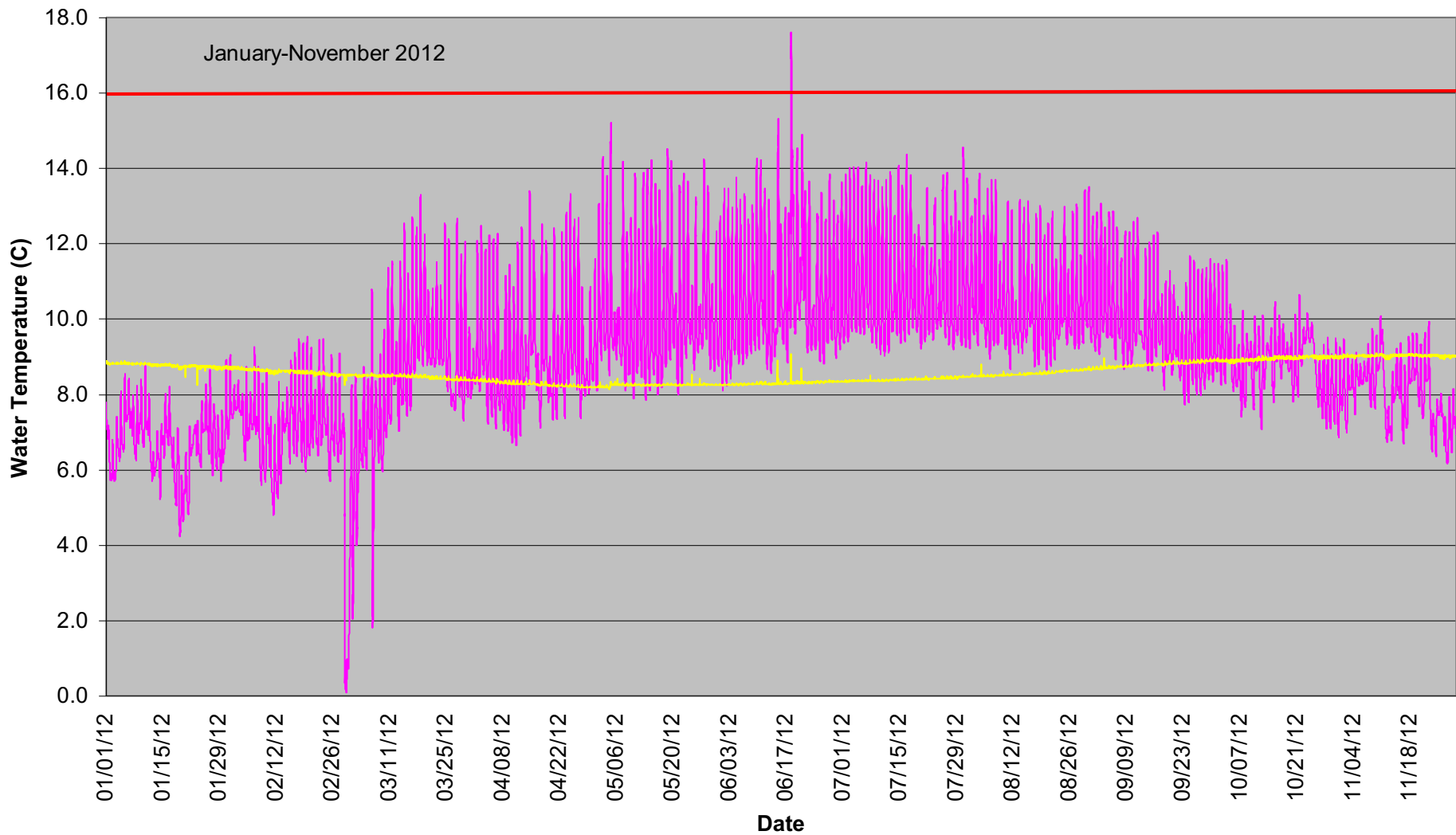


# Pine Creek Water Temperature at Spring



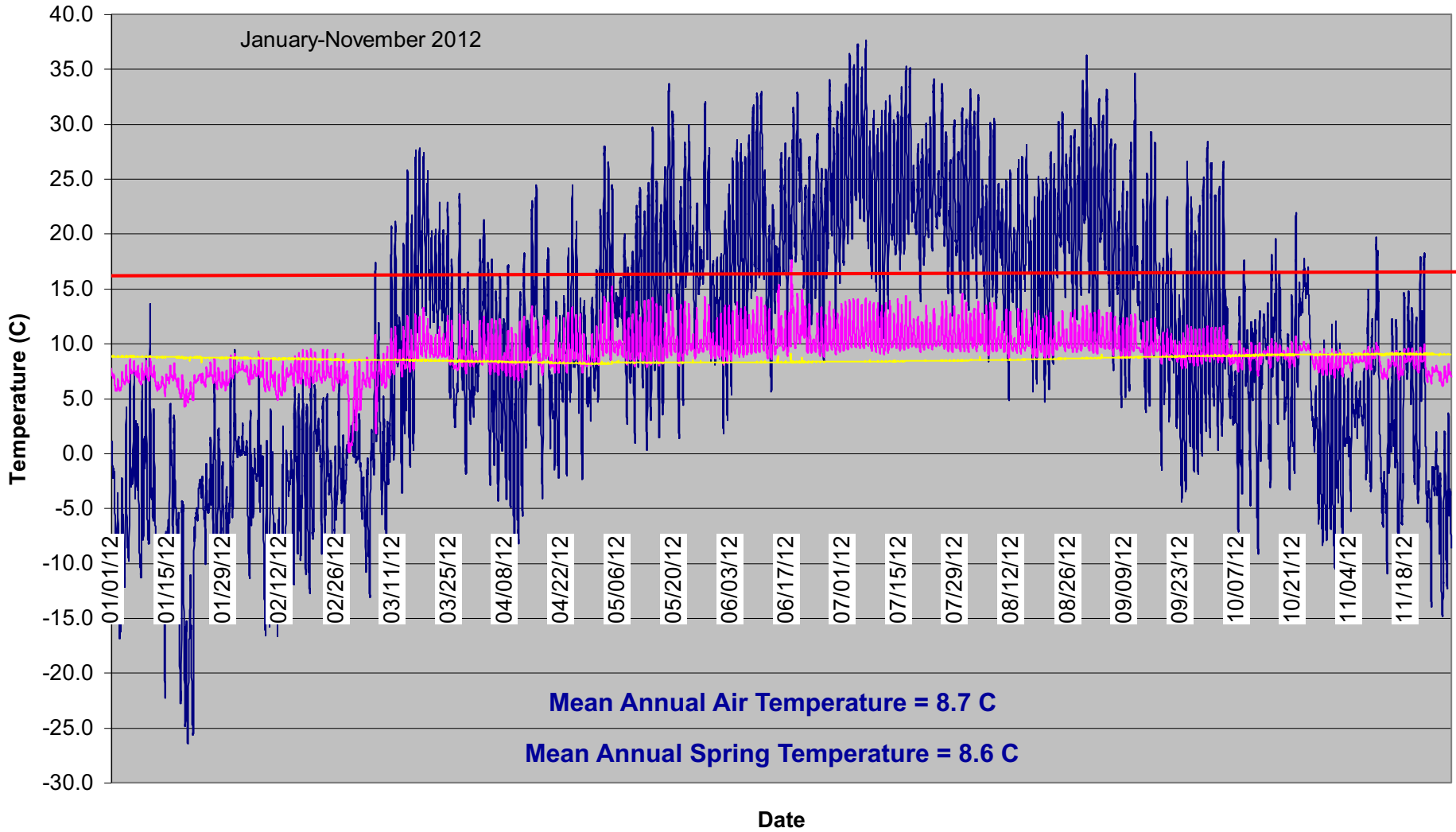
# Pine Creek Water Temperatures at Spring and L1

Water Temp at L1    Spring Temp



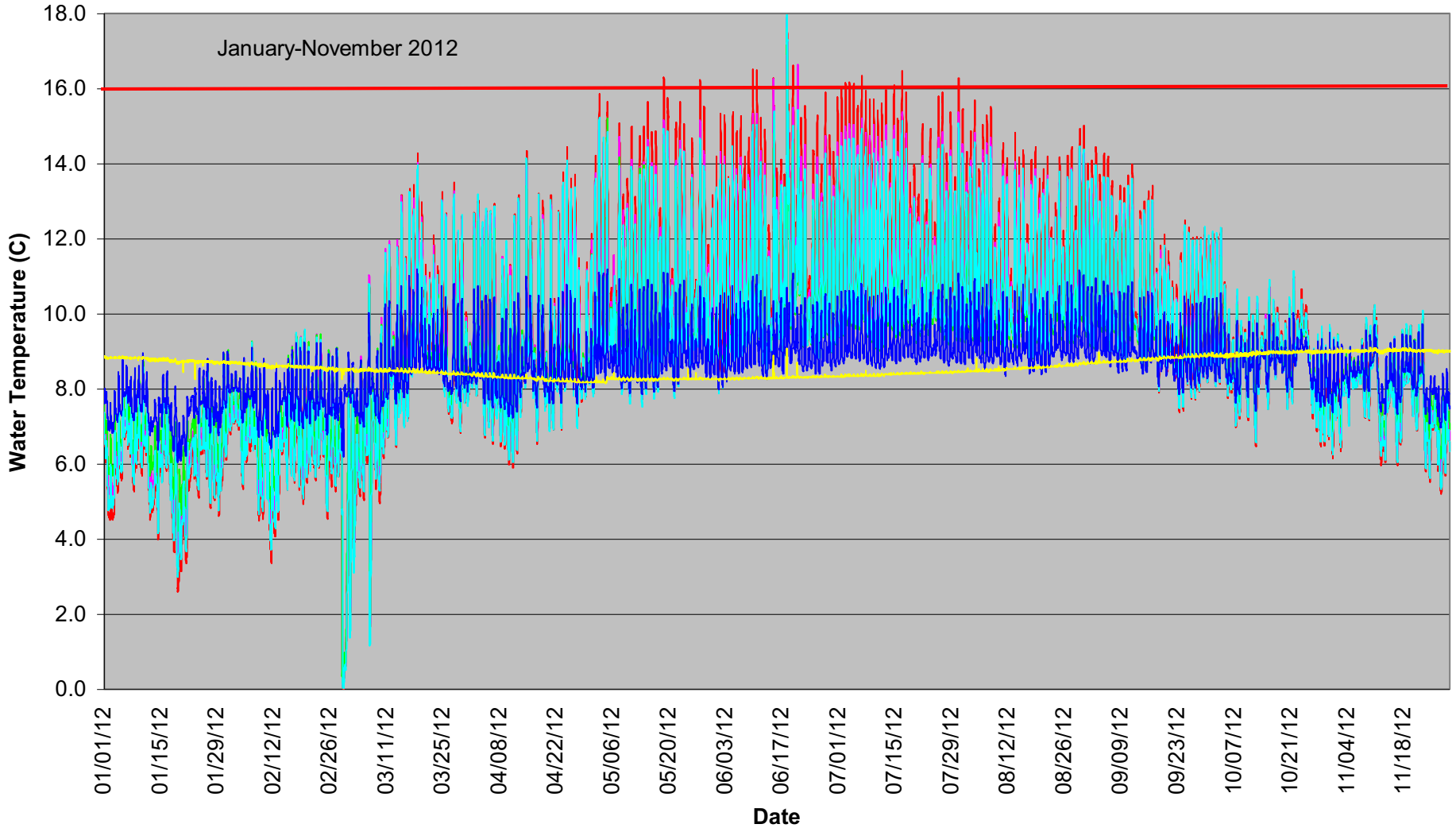
# Pine Creek Air and Water Temperatures at L1

— Air Temp at L1    — Water Temp at L1    — Spring Temp



### Reach-Scale Influence of Air Temperature: Pine Creek Water Temperatures at All Sites

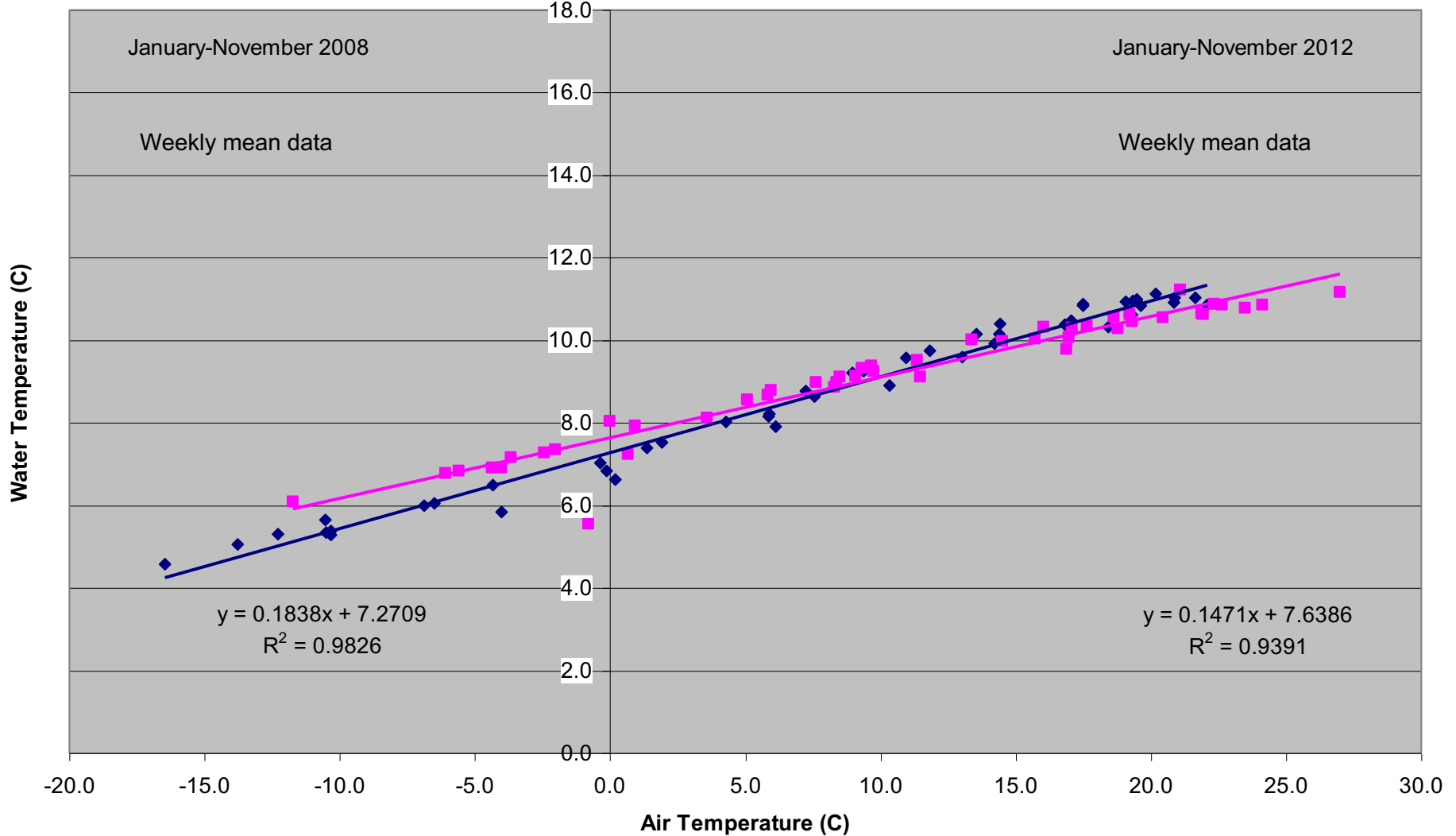
- Water Temp at L3
- Water Temp at L2
- Water Temp at L1
- Water Temp at U2
- Water Temp at U1
- Water Temp at Spring





# Pine Creek Air Temperature vs Water Temperature at L1: Pre-Restoration vs Post-Restoration

- ◆ Air Temp vs Water Temp at L1 in 2008
- Air Temp vs Water Temp at L1 in 2012
- Linear (Air Temp vs Water Temp at L1 in 2008)
- Linear (Air Temp vs Water Temp at L1 in 2012)



Krider, L.A. 2012. Air-water temperature relationships in the trout streams of southeastern Minnesota's carbonate-sandstone landscape: implications for climate change, brown trout biological processes, and land management. M.S. Thesis. University of Minnesota. 50 p.

# For Brook Trout, It's All About Temperature

Most Important Factors Controlling Summer Stream Temperatures\*:

Inflow of cold groundwater  
Shade provided by riparian vegetation  
Stream channel width



\*Gaffield, Potter, and Wang. 2005. Predicting the summer temperature of small streams in southwestern Wisconsin. *Journal of the American Water Resources Association* 41 (1): 25-36

# TUDARE

## Pre- and Post-Restoration Habitat Assessment Methods

### Four Key Habitat Features (Greatest impact on stream temperature):

- Stream Width (water's edge to water's edge)
- Water Depth (quarter points + 2 near-bank locations)
- Water Velocity (quarter points + 2 near-bank locations)
- Canopy Cover (4 measurements, facing N, E, S, W)



# TUDARE

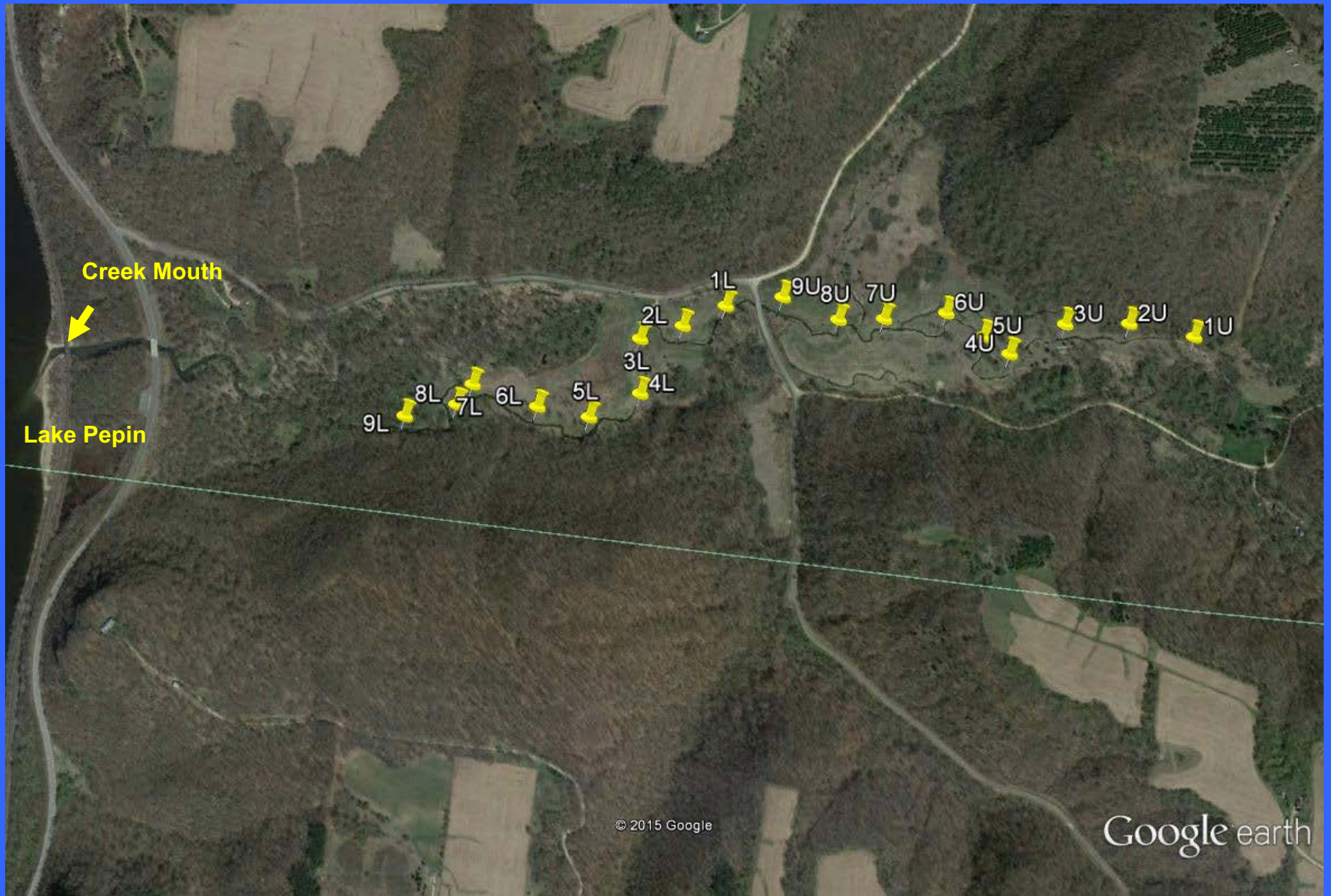
## Pre- and Post-Restoration Habitat Assessment Methods

### Other Key Habitat Features and Biota:

- Stream bank height, depth, slope, soil type, vegetation
- Stream bed substrate composition and embeddedness
- Presence of aquatic vegetation (macrophytes and periphyton)



# Pine Creek: Habitat Assessment Sites



# Can Stream Restoration Provide Resilience to Climate Change?

Improve stream temperature regime by facilitating groundwater flow through the restoration reach, thereby minimizing air temperature exposure:

- Narrowing the stream channel
- Deepening the stream channel
- Increasing current velocity and reducing travel time
- Providing canopy cover

# Promote Groundwater Conveyance

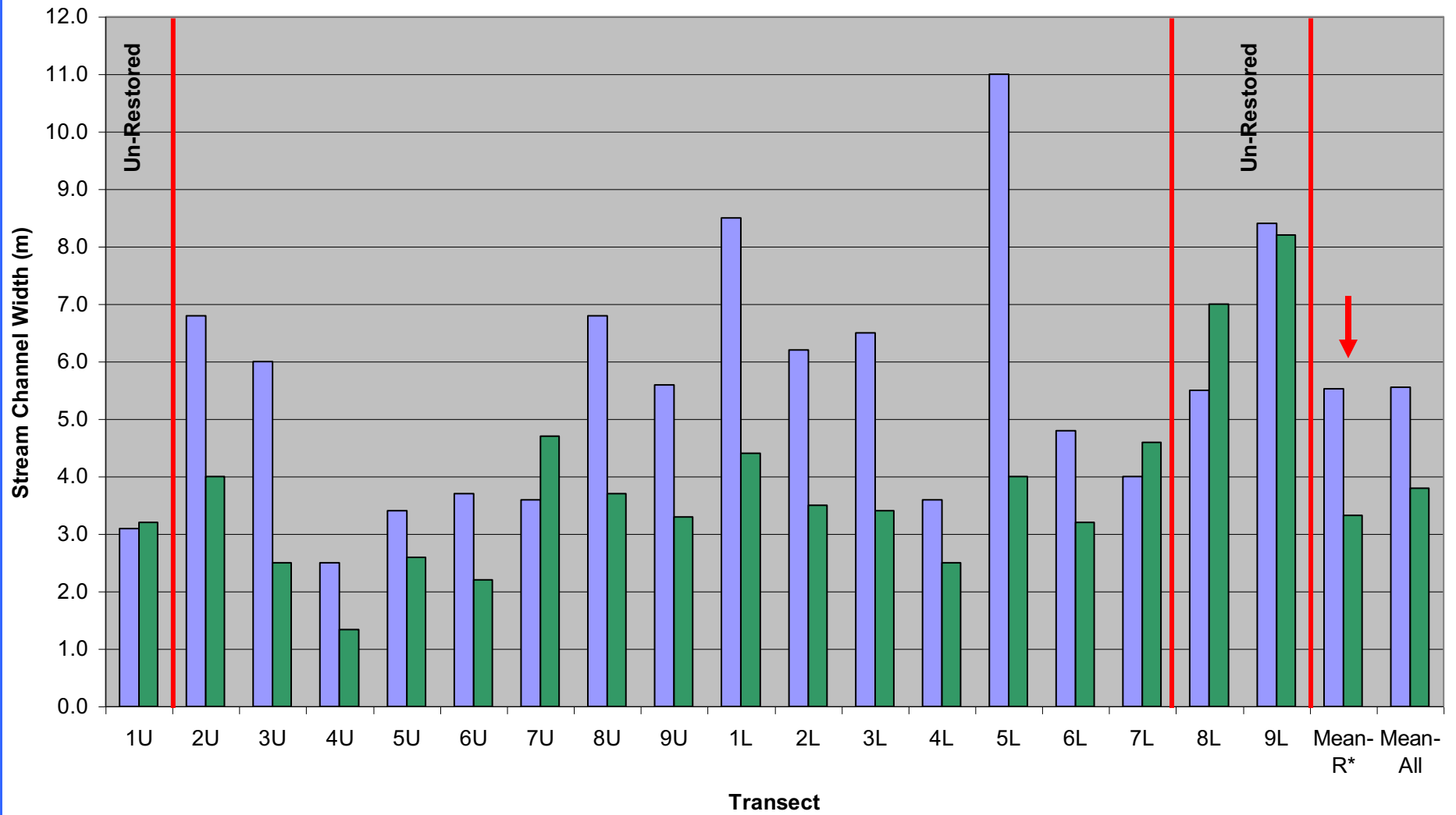
Before



After

### Pine Creek Stream Channel Width Pre-Restoration vs. Post-Restoration

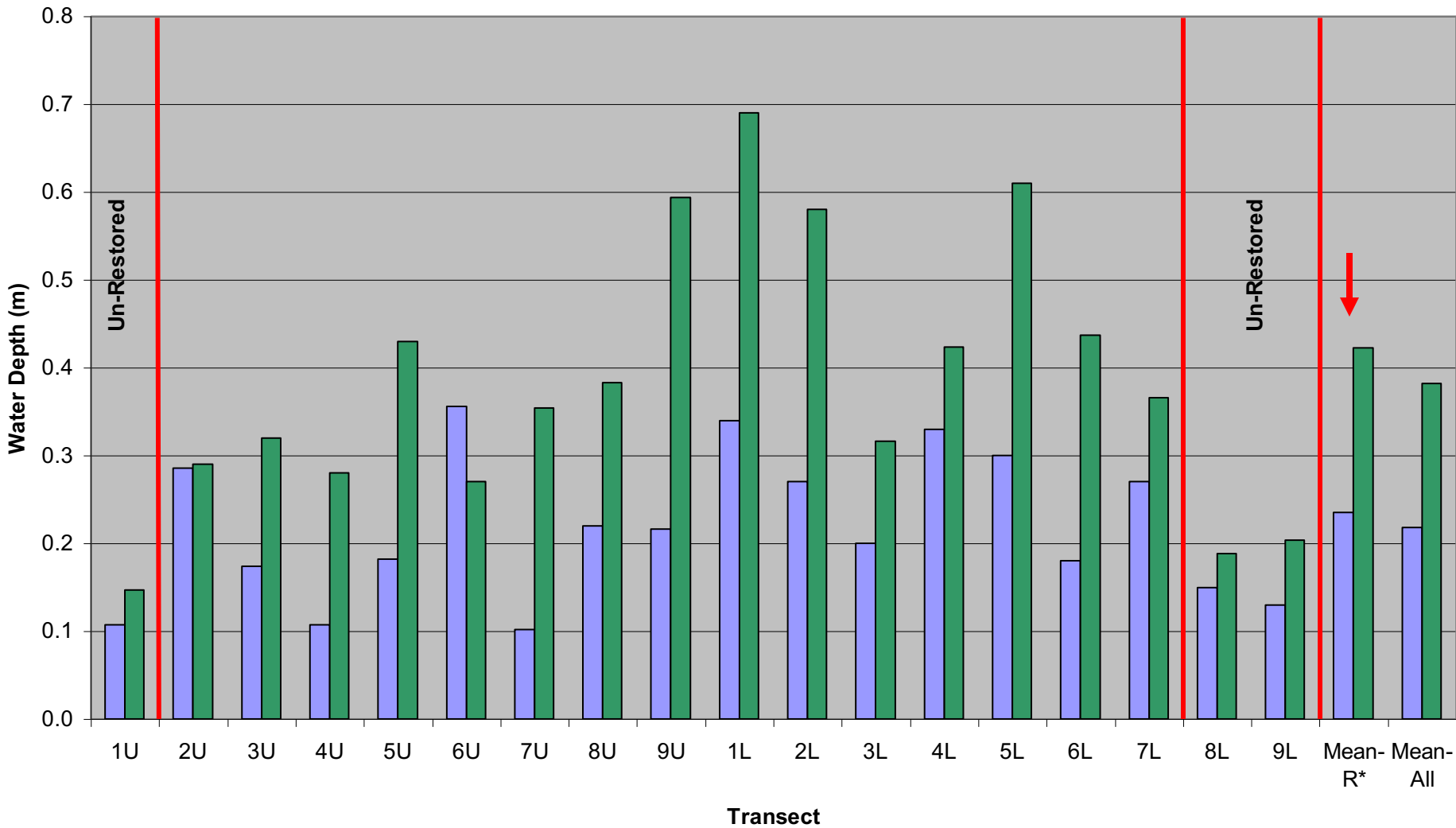
Pre-Restoration Post-Restoration





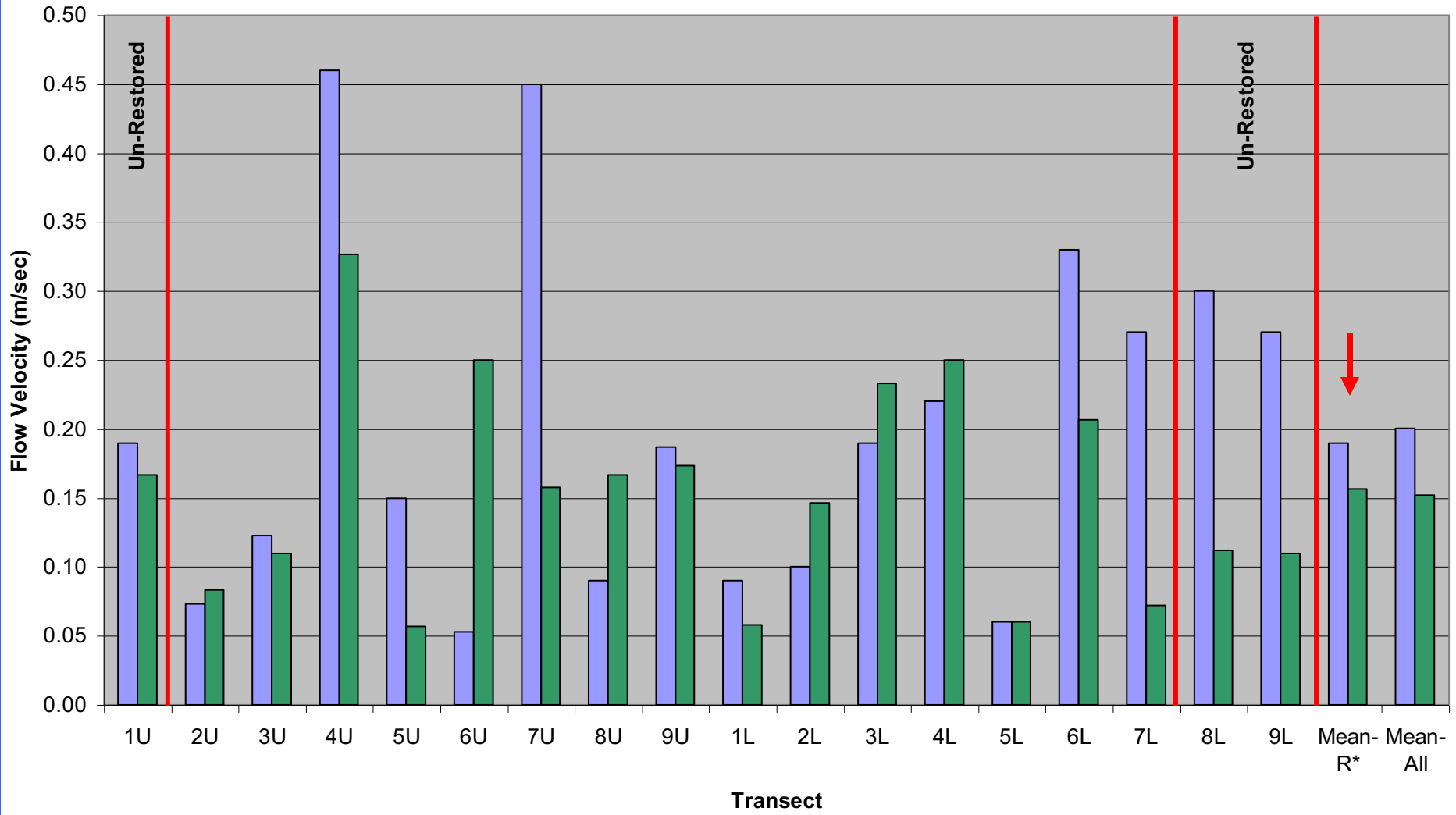
# Pine Creek Water Depth Pre-Restoration vs. Post-Restoration

Pre-Restoration Post-Restoration



# Pine Creek Flow Velocity Pre-Restoration vs. Post-Restoration

Pre-Restoration Post-Restoration



# Post-Restoration Factors Influencing Flow Velocity in Pine Creek



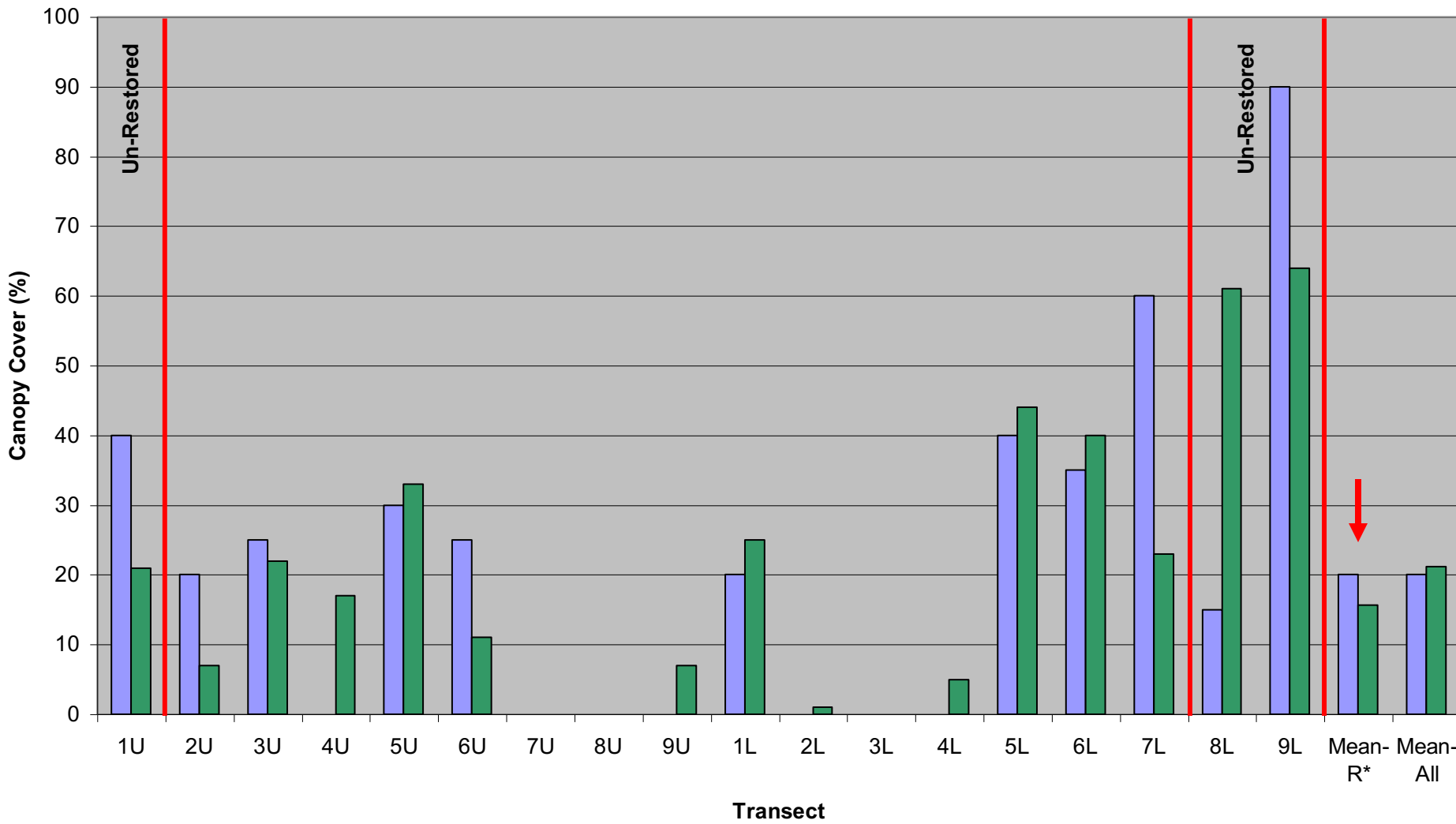
Boulders at Site 6L



Macrophytes at Site 7L

# Pine Creek Canopy Cover Pre-Restoration vs. Post-Restoration

Pre-Restoration Post-Restoration



# Pine Creek Macroinvertebrate Assessment

## Kick Sampling (Pre- and Post-Restoration)



6 Sites in Upper and Lower Pine Creek

2 Sites in North and South Tributaries

# Pine Creek Macroinvertebrate Assessment

## Mini-LUNKERS (Post-Restoration)



Dimensions: 8" W x 11.5" L x 2" T

SA = Hester-Dendy Artificial Substrate



2 "Mini-LUNKERS" per LUNKER

4 LUNKER Structures

# Pine Creek: Trout Survey Sites

Wisconsin Department of Natural Resources\*



\*Trout Survey Data Courtesy of Marty Engel, WDNR

# Project Objectives

Measurable project objectives include:

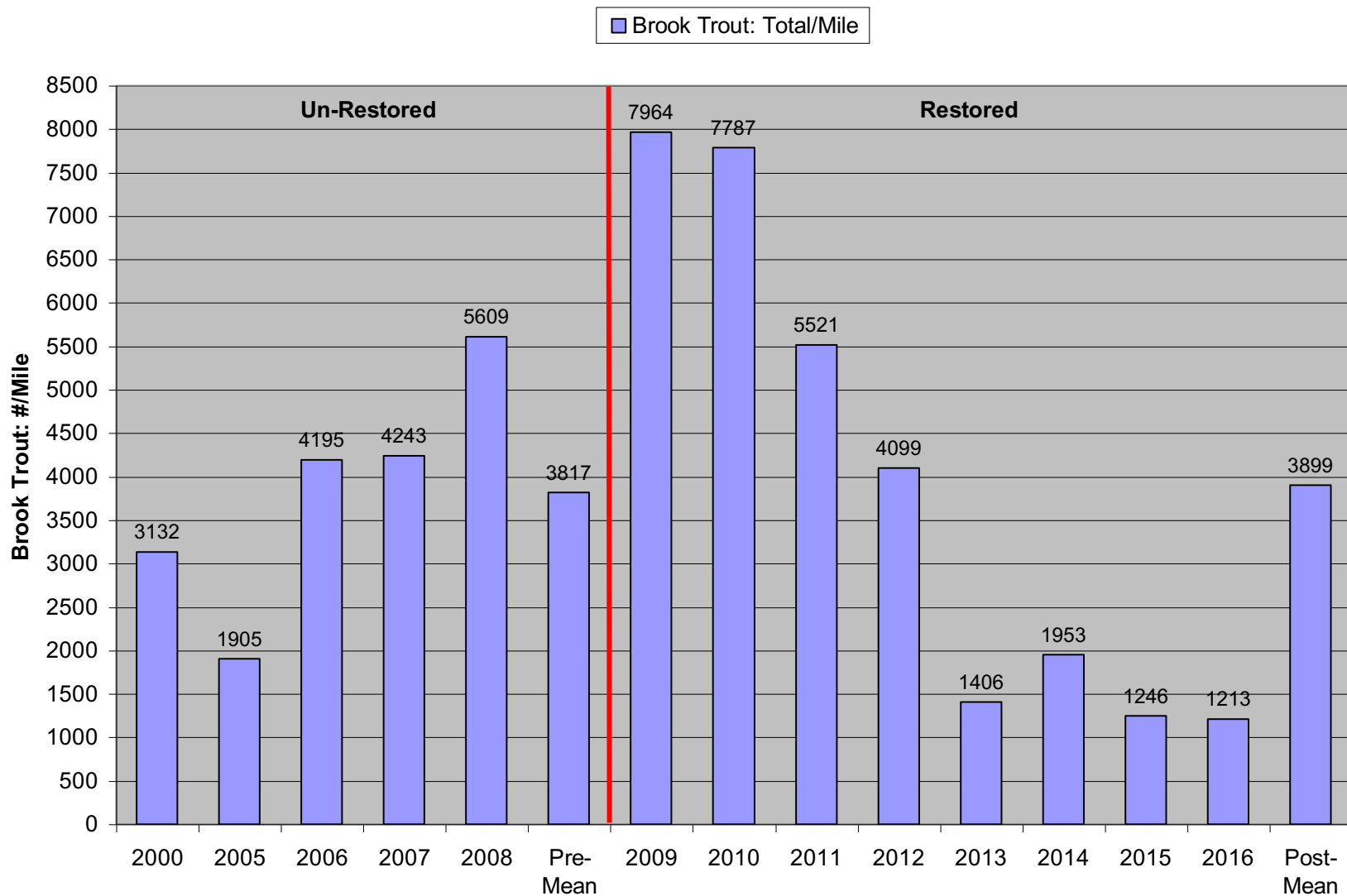
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# Project Objective: Increase numbers of Brook Trout by 40-50%

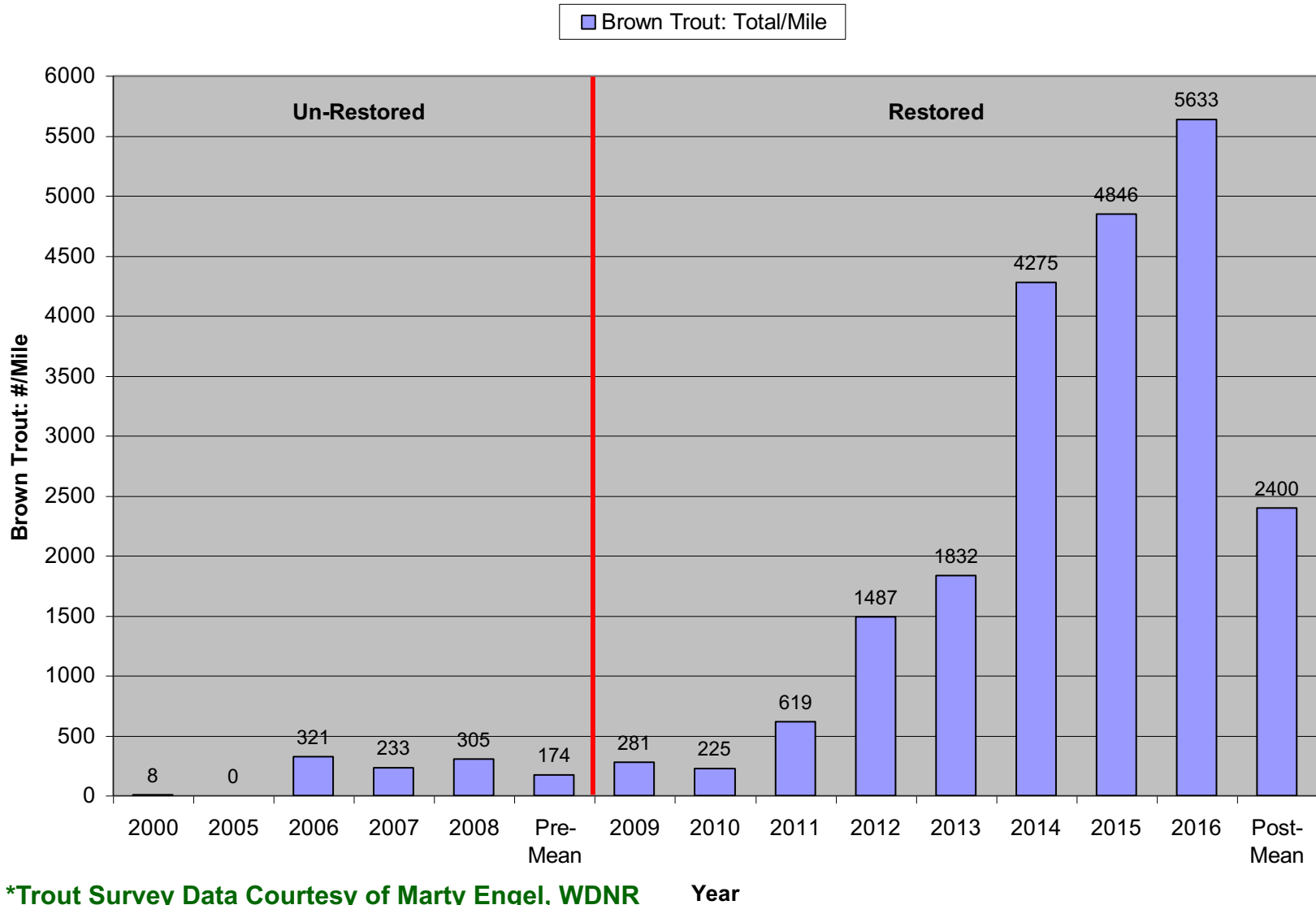
## Pine Creek (2A) Pre vs Post Restoration Brook Trout: Total/Mile



\*Trout Survey Data Courtesy of Marty Engel, WDNR

Year

## Pine Creek (2A) Pre vs Post Restoration Brown Trout: Total/Mile

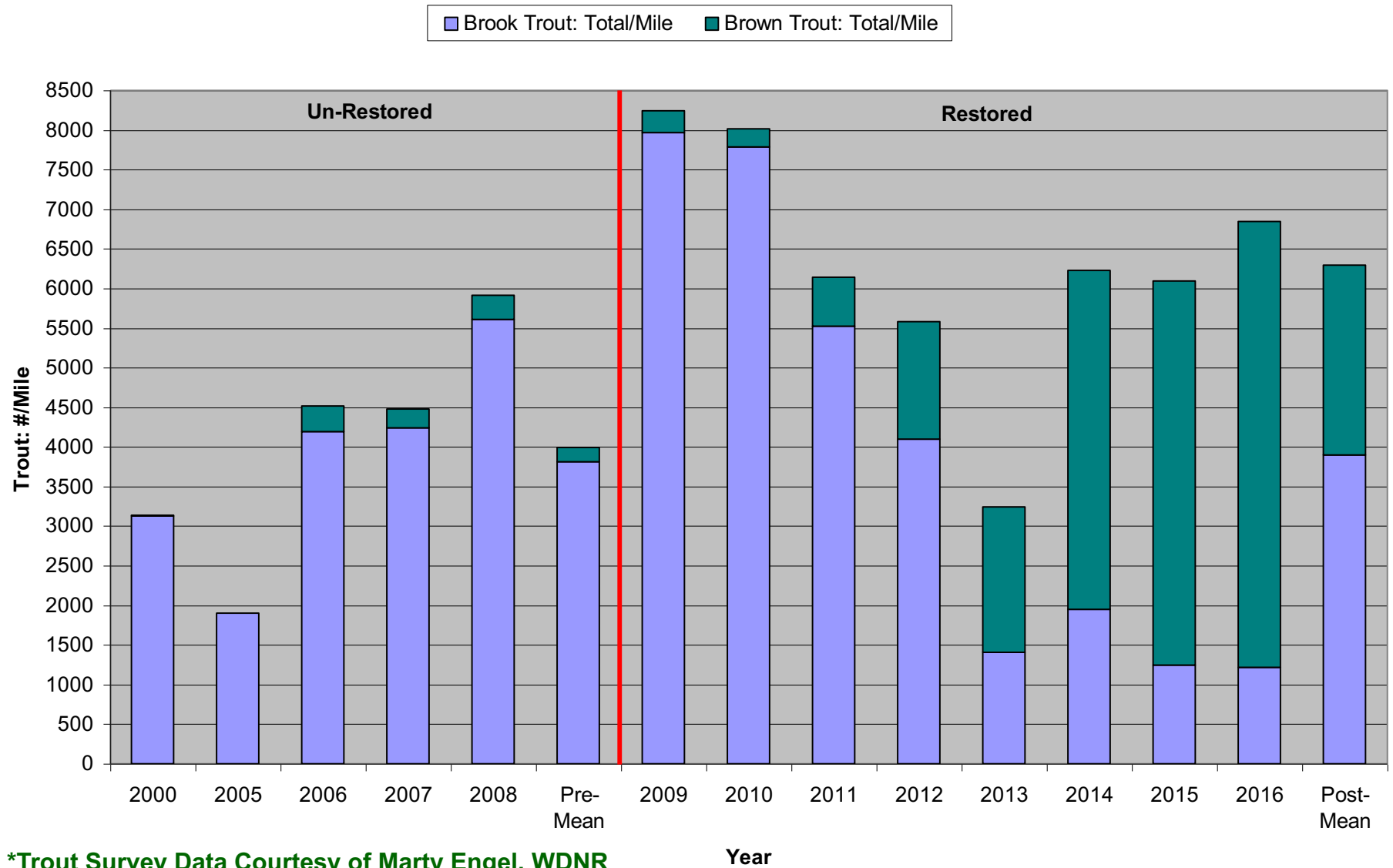


\*Trout Survey Data Courtesy of Marty Engel, WDNR

Year

# Project Objective: Increase numbers of Brook Trout by 40-50%

## Pine Creek (2A) Pre vs Post Restoration Trout: Total/Mile



\*Trout Survey Data Courtesy of Marty Engel, WDNR

Year

# Evaluating Stream Restoration Benefits: A Case Study at Pine Creek, Wisconsin

## Conclusions

### Temperature:

- Groundwater temperature varies annually within a small range (8.2-9.1° C), with a delayed response to air temperature
- Summer temperatures below 16° C (top of optimum temperature range for Brook Trout) indicate strong groundwater influence
- In spite of strong groundwater inputs, reach-scale impacts of air temperature on water temperature are significant
- Restoration project resulted in stream temperature improvements, providing a buffer against future climate change impacts



# Evaluating Stream Restoration Benefits: A Case Study at Pine Creek, Wisconsin

## Conclusions

### Habitat:

- 40% decrease in stream channel width
  - 75% increase in water depth
  - 15% decrease in stream velocity, due to post-restoration presence of macrophytes and in-stream structures
  - 20% decrease in canopy cover
  - 60% decrease in stream bank height
  - Pre: 40% coarse stream substrate
- Post: 65% coarse stream substrate



# Evaluating Stream Restoration Benefits: A Case Study at Pine Creek, Wisconsin

## Conclusions

### Trout

- **Pine Creek restoration project has resulted in a significant Brown Trout invasion of a native Brook Trout stream**
- Brook Trout Total/Mile: -70% (Goal: +40-50%)
- Brook Trout Adults (10"+)/Mile: -75% (Goal: +50-100%)
- Brown Trout Total/Mile: +3100%
- Brown Trout Adults (15"+)/Mile: 0 (Pre-Restoration) to 32 (2016)
- Brook Trout/Brown Trout (%):
  - Pre: 96%/4% (5-Year Mean)
  - Post: 18%/82% (2016)

# Recommendations

## Stream Restoration:

- Manage for a future shaped by climate change, informed by past and present conditions. **Stream temperature should be a primary restoration target.**

Restoration of riparian vegetation is one of the most effective management activities for improving stream temperature and mitigating the effects of climate change (Blann et al., 2002).

- WICCI\* concept of triage (Mitro, Lyons, and Sharma, 2011):

Which coldwater fisheries will persist without management? Establish refugia to protect native coldwater species (brook trout)?

Which coldwater fisheries will be dependent on management? Pre-restoration stream temperature monitoring can be very helpful for prioritizing project locations, setting project objectives, and anticipating project outcomes.

Which coldwater fisheries will not persist, even with intensive management?

- Brook trout-friendly habitat restoration techniques?

# Recommendations

## Stream Restoration Monitoring:

Sentinel monitoring sites should be established to evaluate long-term climate change impacts on streams throughout the Driftless Area (one reference reach per restoration project, or strategically selected on a regional scale)

- Air temperature and precipitation monitoring (annually, year-round)
- Stream temperature monitoring (annually, year-round)
- Groundwater temperature monitoring (annually, year-round)
- Habitat Assessment (5-10 year intervals, depending on project stability):  
Water depth, stream channel width, stream velocity, canopy cover, stream bed substrate, stream bank height, and stream bank cover
- Biology is dynamic, restoration benefits may not be fully realized for years\*:  
Trout (annually); macroinvertebrates (2-3 year intervals); macrophytes and riparian vegetation (5-year intervals).

\*E. M. Hasselquist, C. Nilsson, J. Hjältén, D. Jørgensen, L. Lind, L. E. Polvi. 2015. Time for recovery of riparian plants in restored northern Swedish streams: a chronosequence study. *Ecological Applications* 25 (5)



A close-up photograph of a brook trout, also known as a brookie, held in a black fishing net. The fish is oriented horizontally, facing left. Its body is covered in numerous small, bright yellow spots and several larger, distinct red spots. The fish's mouth is slightly open, and a small, light-colored lure is visible in its mouth. The background is dark and out of focus, suggesting a stream or river environment. The text "Lower Pine Creek" and "Post-Restoration Brookie" is overlaid in white at the top, and "Questions?" is overlaid in white at the bottom.

Lower Pine Creek  
Post-Restoration Brookie

Questions?